

THE SCIENCE OF FATHERHOOD

by Soren Johnson

A GROWING BODY OF RESEARCH REINFORCES LESSONS ABOUT THE ESSENTIAL ROLE OF FATHERS

Here's a message you don't hear too often: As a father, **you really matter**. You are needed at home and in the wider world to do things only a dad can do. You can make all the difference in the lives of your children no matter their age.

Though common sense to many, these simple principles are often lost in our culture. But the truth is coming out in the best studies in psychology, social science and family dynamics. The bottom line is that a father is vital to the health and welfare of his children and the family. Mothers, of course, are indispensable and often take a larger share of child and home care. Yet due to distinctive differences in the ways mothers and fathers interact with their children, families thrive when a mom and a dad work together.

With this in mind, here are five facts guaranteed to bolster your image as a father.

1. Studies extol your role. The outcomes of children who have a father at home compared to those without a father tell a big part of the story. Research shows that in father-absent homes children are twice as likely to drop out of high school, seven times more likely to become pregnant as a teen, and many times more likely to abuse drugs, experience physical or sexual abuse or run afoul of the law. Be there, dad, to give your kids the love and stability they need to succeed in life.

2. You have an edge. Popular culture exerts many negative pressures on kids today, from addictive social media distractions to internet pornography. Yet parents still have the inside line to the hearts and minds of their children. So, use your home-field advantage by forming them in virtue from a young age and setting a good example. If your kids see you doing the right thing even when it's difficult, they will be more likely to follow your guidance and rules.

3. Your prayer is positive. Studies show that prayer has many practical benefits, such as better moods, lower blood pressure, less stress and anxiety and increased willpower to overcome bad habits. Be a man of prayer at home. Show your boys, especially, that kneeling before God requires the strength of humility.

4. Your time counts. No pressure, dad, but from the time you see that little one for the very first time, the clock is ticking. You must make a decision then, and every day after, to be an involved father. Yes to cuddling, to roughhousing, to making the ball games, rehearsals and special moments. The payoff is huge, as studies show that every hour you invest with your child will help them reap priceless benefits in terms of future health, relationships and career.

5. Your leadership is key. Don't leave the family's faith life solely to your wife. Not only is that a major personal mistake, but it could be a disaster for your children. A popular study indicates the outsized influence of a father on the religious practice of his children. In fact, it can be safely said that your faith serves as a model for your kids well into adulthood.

Go to Mass with your wife and children, pray together regularly at home, read the Sunday Gospel as a family the evening before Mass. The most powerful witness of faith that your children experience may very well be your own. So tell them what your Catholic faith means to you and the times when God has touched your life.

The ultimate role of a father is to help his children get to heaven. The benefits are eternal and the journey starts today.

This article, which is re-printed from the August 2018 issue of Columbia—a publication of the Knights of Columbus, is condensed from a six-part series that is available as a digital booklet. To get your free copy, email fatherhood@kofc.org.

For those men in our parish interested in joining the Knights of Columbus, please contact Jay Pflugradt by email at

pflugie@me.com

From Father Totton's Desk:

This week, I have been invited to attend the *Word on Fire* National Conference for Priests hosted by the Napa Institute at which (my former seminary professor) Bishop Robert Barron will present talks on preaching and its role in evangelization. As I said to a parishioner earlier this week, "it couldn't hurt!" Nevertheless, I look forward to the opportunity to gather with faithful priests from across the country to sharpen our preaching skills. Please pray for these men, and for all priests, that we may continue to seek the path to personal holiness in order to truly lead and guide the faithful into an encounter with Jesus Christ, the Bread of Life. -Fr. Totton



ST. JOSEPH CHURCH

Fr. Joseph Totton - Administrator

P.O. Box 197

107 North Shortridge

Easton, MO 64443

816-294-9841 - Fr. Joe's cell

Mass Time

Sunday: 8 am

Confessions: Sunday at 7:30am

Office 816-473-2011

Mission Statement

**We the members
of Saint Joseph
Catholic parish,
will strive to be
the reflection of
Jesus in this
particular time
and place.**

Cemetery Board

Ed Fisher

Mike Roth

Steve White

BREAD OF LIFE



Twentieth Sunday in Ordinary Time

Parish & Finance Councils

Jim Adams

Jim Ingle

Rosalie Ingle

Tony Kauzlarich

Marge Kinney

Julie Moran

Jordan Roth

Mike Roth

Wayne Weipert

Email: stjosephchurch@centurytel.net

Website: stjosepheaston.org

Fr. Joe's email: fathertotton@gmail.com

Office Manager: Marge Kinney

Hall Rental: Marge Kinney

To Protect our Children:

To Report Abuse - Jenifer Valenti 816-812-2500

Victims' Advocate - Kathleen Chastain 816-392-0011

chastain@diocesekcsj.org

August 19, 2018



Ministry Schedule

Aug 19 - 8 am Mass

Greeter: Wayne Weipert

Lectors: Scott Antle & Jan Pottier

Ministers: Doug Ottinger, Jim Ingle, Paul Pottier

Counters: Richard and Mary Ann LaFollette

Aug 26 - 8 am Mass

Greeter: Jim Ingle

Lectors: Bonnie Gregory & Jim Ingle

Ministers: Wayne Weipert, Marylou Euler, Paul Pottier

Counters: Paul & Jan Pottier

Mass Intentions



Sunday, August 19 + **Rose Ann West**

By: West Girls

Sunday, August 26 + **Louis Pottier**

By: Pottier Family



BIRTHDAY

Josephine Kriley August 23rd

ANNIVERSARY

Wayne & Sherry Weipert August 19th

Rudy & Nannette Wolford August 21st

Steve & Pat Culver August 26th

Congratulations and Best Wishes Everyone!



28th Annual "4-Angel Golf Scramble"
Fundraiser

hosted by the
Knights of Columbus
Councils 571 & 5067
along with the

Ancient Order of Hibernians of St. Joseph.

Friday, August 24, 2018,

1:30 pm shotgun start, Fairview Golf Course in St. Joseph.
Some of the organizations benefiting from the funds raised
are local outreach programs such as Food Banks and
Catholic Youth Education.

For more information please call John Miles (970-301-2281)
or Gerald McCullagh (952-334- 5555).

COME JOIN US FOR TRIVIA NIGHT

at St. James Parish in the church basement
Saturday, August 25th at 7:00pm

Feel free to bring snacks for your own table and there will be
drinks available for purchase. Teams may vary in size
anywhere from 4-8 players so grab a few of your smart friends
and come have some fun!

Cost is \$10 per person at the door. Prizes awarded to
winning table.

Please RSVP your table to Angela Thompson at 816-390-4686 or
Nicole Swope at 816-617-5193 by Wednesday, Aug. 22nd.



The Diocese of Kansas City-St. Joseph is committed to
combating sexual abuse in the Church. If you are a victim
of sexual abuse, or if you observe or suspect sexual abuse:

1. Call the Missouri Child Abuse Hotline at
1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, re-
port suspected *sexual abuse of a minor or vulnerable adult* to the
Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or
JeniferValenti@att.net, if the abuse involves a priest, deacon, employee
or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing
resources to victims of sexual abuse and their families. Please contact
Victim Advocate, Kathleen Chastain, at 816.392.0011 or
chastain@diocesekcsj.org for more info.

SAVE THE DATE

SEVEN DOLORS CHURCH-12750 Hurlingen Road, Easton

Autumn Food & Fun

Sept 15 - beginning at 4 pm

Picnic Style Dinner for \$10

(includes 4 tickets to play any games)

Grilled Hamburger or 2 Grilled Hot Dogs/Chili Dogs

Baked Beans, variety of Chips, Homemade Desserts, Ice Tea or Water

Bingo – Dessert Walk - Pop Toss– Jingle Board

Silent Auction - Country Store

Grindstone Winery -Wine/Beer

Soda - Bottled Water - Ice Cream for sale on grounds

Partnering for Future Priests 2018 Dinner & Auction

It's time to start planning for the 10th Annual Partnering for
Future Priests Dinner & Auction. Join us in celebrating our
Catholic faith while enjoying beautifully prepared food, great
company, and the opportunity to bid on one-of-a-kind items in
both the silent and live auctions.

This year's event will take place on **October 5** at Our Lady of
Guadalupe Parish in St. Joseph, MO.

The ticket price is \$50 per person with eight people to
a table.

This annual event is now entering its 10th year and we could-
n't have made it this far without you. We would like to thank
you for your generous support these past nine years and hope
you will be able to help us again this year.

Whether you purchase tickets to attend the dinner and auc-
tion, place an ad in our event program or donate items to our
live and/or silent auction or baked good store we could use
your help. Any donations please call

**PFP Pre-event Promoter(s),
Hubert & Bonnie Gregory at 816-473-2016.**

**You can also register and pay securely online at
<https://www.conception.edu/pfp>.**

Annual Life & Justice Campaign Parish Collection
August 18 & 19, 2018.

Join the campaign to share your gifts!

The Life & Justice Campaign supports local organizations dedicat-
ed to defending the dignity of the person and the sanctity of hu-
man life. To learn more, please visit: www.lifeandjusticekcsj.org.



Mark your Calendars!

**Parish & Finance Council: Sept 13 - 6 pm Rectory
Altar Society: Parish Hall after Donut Sunday**

Hand Linens: July/August: Nannette Wolford

Donut Sunday: Sept 2: Nannette Wolford

Knights of Columbus: 5067-1st & 3rd Thursday 7 pm

Rosary on 3rd Thursday 6:30 pm

Jay Pflugradt, Grand Knight

Fr. Joseph Totton, Chaplain

Recitation of Rosary - 2nd weekend of the month

20 minutes before Mass

Novena for the Legal Protection of Human Life

August 3—September 28, 2018

From Friday, August 3, 2018 to Friday, September 28, 2018, the
weekly Call to Prayer will be adapted as a nine-week Novena for
the Legal Protection of Human Life.

In addition to the current invitation to fast on Fridays, partici-
pants are encouraged to pray one Our Father, Hail Mary, and
Glory Be for the intention of the novena. Participants will also be
provided with weekly opportunities to learn more about Roe v.
Wade, and share that information with their representatives. For
more information please visit: www.respectlifekcsj.org.



Prayer Corner

*"To everything there is a season and a time...for
every purpose under Heaven." Ecc. 3-11*

"...a time to heal..."

**Mildred Ottinger, Lori Redmond, Nancy Totton,
Bubba Miller, Amy Spriesterbach, Douglas Bembrick**

"...a time of war and a time of peace..."

We pray for the safety of all our service men and women
who serve our country.



Novena for Our Nation Began Aug. 15!

Everyone from around the nation is encouraged to
join ranks as, united, we pray the very powerful 54
Day Rosary Novena from the Feast of the
Assumption on August 15 to the Feast of Our
Lady of the Rosary on October 7:
www.novenaforournation.com.

Starting on August 15 pray the Joyful Rosary,
day 2 pray the Sorrowful Rosary,
day 3 the Glorious Rosary.

Then start over on day 4 continuing until you have completed a
rosary each day for 27 days in petition for our Nation.

Then follow with another 27 days of thanksgiving the same as the
first 27 days ending on October 7 the day of the Coast to Coast
Rosary Rally: (Rosary Coast to Coast).

**Rosary Novena will be held at St. Ann's - Plattsburg
as follows:**

Monday, Wednesday -Friday: 7:30am

Tuesday 5:30pm

Everyone is invited to participate.

Weekend Collection - August 12, 2018

Envelopes: \$2,015 Plate: \$58 Hall Rental: \$100

Total Parish: \$2,173

**2nd Collection: August 19 - Diocesan Life
& Justice**

Budget is from July 1, 2018 - June 30, 2019

August To Date: \$3,097 .00

August Budget: \$7,550.00

Year-To-Date: \$12,182.00

Year Budget: \$90,600.00

**Thank You for your continued support of
St. Joseph Parish.**